



Youth Activities Handbook

Season 2018/2019

SLSQ Point Danger Branch

CONTENTS

Introduction	2
SLSQ PDB Structure & Support Mechanism	2
About the PDB Youth Panel	3
PDB Youth Programs - Youth of the Month	4
PDB Youth Programs - Team Xtreme	5
Gold Coast Youth Programs - GCYD Camp	6
Gold Coast Youth Programs - GCYD Ball	7
SLSQ Youth Programs - YIPS	8
SLSQ Programs - Breaka Youth Excellence	9
SLSQ Programs - Leadership Excellence Program	10
SLSA Programs - National Leadership College	11
SLSA Programs - Masterclass	12-13

Introduction

The engagement of Youth Members is essential the viability of any surf life saving club.

Each season there a number of activities available at a Branch, Regional, State and Australian level to engage Youth Members and support them in their endeavours as volunteer life savers and assist them in becoming future leaders of the lifesaving association.

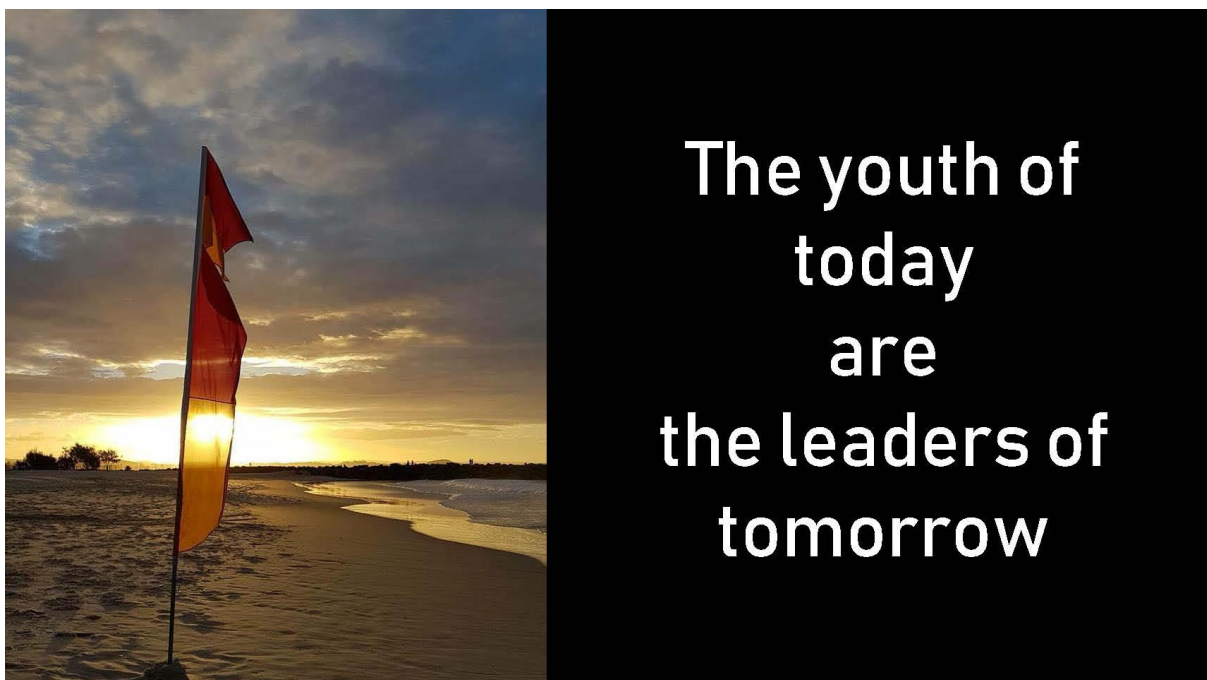
Every club in SLSQ Point Danger Branch has a Youth Development Officer to assist in guiding youth members in their pursuits/activities throughout the season.

SLSQ Point Danger Branch is committed to the development of Youth Members and as such have created this resource to assist Youth Development Officers and Clubs in arranging activities for their Youth Members.

SLSQ Point Danger Branch Structure & Support Mechanisms

Youth Development Committee : The Youth Development Officers of our affiliated clubs are automatically members of the PDB Youth Development Committee. This committee meets as required or requested.

Youth Panel : Point Danger Branch also has a Youth Panel. This panel is made up of youth members who have attended Branch or State Youth Programs and are tasked with creating activities for Youth Members in Point Danger Branch



ABOUT THE POINT DANGER BRANCH YOUTH PANEL

Aim

The aim of this panel is to develop and implement the programs, activities and events for Point Danger Branch. We would like to have activities and programs that our youth are interested in and will assist in the personal development of their skills and leadership for future.

The program also aims to encourage young adults to think critically about sustainability in their club and branch, share solutions and identify pathways for change in the future.

Objectives

To develop members' leadership, communication and networking skills. By providing a platform for members to share, learn and identify potential issues, opportunities and areas of change within Surf Life Saving Queensland in order to support sustainable surf clubs.

Focus areas

- Networking
- Point Danger Branch
- Affiliated Clubs
- YDOs, CTOs, Club Captains, etc.
- Developing skills to support sustainable surf clubs
- Taking on positions within the club, branch or state
- Support for members in positions.
- How do we make participants effective in their roles?
- Resources, Support and Guidance
- Pathways

Selection Criteria

- Candidates are recommended to have attended but not limited to a Branch or state camp, program or committee.
- Members aged 16-25 years
- Must be a current active life saver

How to Apply

- Applications open each season - usually around July and close towards the end of August. Successful candidates will be advised if they have been selected by the 30th of August 2018.

POINT DANGER BRANCH YOUTH ACTIVITIES/PROGRAMS

Youth of the Month

Why

At Point Danger Branch we are all about recognising the role of Youth Members in our Branch. As such starting in October 2015 SLSQ Point Danger Branch will be recognising the youth members from the 11 clubs with the introduction of the Youth of the Month award.

How

Nominators or Clubs need to write a small paragraph as to why the chosen member should be Youth of the Month (no more than 250 words), include a picture of the nominee and sign the nominee form and send it to pdbsurf@slsqpointdanger.com.au by the last day of the month that the award is relevant for.

Who

In choosing the recipient of the SLSQ Point Danger Branch Youth of the Month, regard is given to the nominee's achievements in the month immediately prior to receiving the award, as well as their past achievements and ongoing contribution to their club and SLSQ Point Danger Branch.

An individual need only be nominated once to be considered for youth of the month. The number of nominations received per nominee bears no weight in their selection.

Selection criteria:

1. Demonstrated excellence in their field
2. Significant contribution to their club and/or SLSQ Point Danger Branch
3. An inspirational role model for their club and/or SLSQ Point Danger Branch

Eligibility Criteria

1. Nominees must be a registered and proficient member in an affiliated club.
2. Nominees must be at least 13 years and between 25 years of age for the month they are nominated in.
3. A person cannot receive the award twice in the same season.
4. Unsuccessful nominees may be re-nominated in the subsequent month.
5. Selection panel may choose to contact the nominee for disclosure of further information.
6. Absolutely NO weight is given to the number of times a person is nominated

Due Dates

- September - 30th October
- October - 31st October
- November - 30th November
- December - 31st December
- January - 31st January
- February - 28th February
- March - 31st March
- April - 30th April



POINT DANGER BRANCH YOUTH ACTIVITIES/PROGRAMS

Team X-Treme Youth Education Program

Why

Team X-Treme involves educating teens on all aspects of Surf Life Saving and how they can play an important role in the community.

How

During this program we aim to develop participant's skills and encourage each one to reach their full potential as a Surf Life Saver. This program is designed to benefit the individuals participating by helping them to discover and achieve their desired goals and give direction on different services available within Surf Life Saving. This will also benefit each club as we are building better lifesavers for the future. Members can nominate each season when the application forms are distributed to clubs

Who

This program will be focused towards members aged from 15 – 18 years that are motivated and passionate about being a lifesaver and have special interests within Surf Life Saving other than competition.

What

The outcome of this program will show participants that people of all ages, shapes and sizes and skill levels can play an important role in keeping our beaches safe.

Participants will also gain numerous Surf Life Saving Awards including: Silver Medallion – Basic Beach Management, IRB Crewman and Drivers Certificate, Radio Operators, Operational First Aid, CPR and also Advance Resuscitation Technique Certificate. This will not only benefit the individuals participating but also the clubs they are involved in, and in turn the community they are providing a service too.

Selection Criteria

Each club has been allocated three positions in the program, and we encourage clubs to nominate members that are dedicated and deserving such a program. We require each participant's full commitment to all courses throughout the seven-month program. Participants are to complete the application form, and these are to be endorsed by each club.

Cost

Individual costs to the participants will be \$70.00, this will include a Team X-Treme Shirt as well as some catering throughout the 6 month program; clubs will only be required to cover the cost of the Awards attained. This is invoiced to the club

Team X-Treme 8
YOUTH DEVELOPMENT PROGRAM (15 – 18 YRS)

October 2017 – May 2018

Introduction Night
CPR
First Aid
ARTC
Marine Licence
IRB Crew Certificate
Social Day – Sleep over
ATV Certificate
Junior Officials Course
Silver Medallion – Basic Beach Management
Helicopter Awareness Session
Presentation Night

Nominations Closes Friday 6th October 2017

PDB

GOLD COAST REGIONAL YOUTH ACTIVITIES/PROGRAMS

Gold Coast Youth Development Camp

Why

The Gold Coast Youth Development Camp is an annual combined event between Point Danger and South Coast Branches. The key activity is to develop members in team building and leadership skills with a focus on the following

- Surf Life Saving Skills
- Leadership
- Fitness & Motivation
- Personal Development
- Problem Solving
- Teamwork
- Pathways through Lifesaving

How

Clubs should identify members who are eligible within this age group and can put applications in when they are sent out annually (usually via the Gold Coast Regional Office).

Once all applications are in these are then sent to clubs for endorsement

Make sure you have an internal club process that identifies the members that the club will endorse to go

Who

The Gold Coast Youth Development Camp is open to members in the Under 13 to Under 15 Age Group (Age are determined as per the participant's membership category for the current season), who are registered financial members of a South Coast or Point Danger Branch Club.

What

- To provide an opportunity for junior lifesavers to gain knowledge, experience and develop skills in a wide range of outdoor activities which incorporate lifesaving skills.
- To provide a program structured to develop maximum participation, confidence and leadership.
- To provide an opportunity for junior lifesavers to develop leadership skills to impact their knowledge and skills in surf lifesaving.

Selection Criteria

There are 88 places available and each club has automatically been allocated 2 positions. However, clubs can nominate more than 2 eligible candidates using the camp preference list.

An additional 10 places will be allocated for Mentors, Leaders and Junior Leaders. All Leadership roles will be selected from the nominations submitted.

The Branch Youth Development officers will allocate leaders to teams based on previous camps and activities. If you haven't attended a camp or activities, we would still encourage you to attend the camp.

GOLD COAST REGIONAL YOUTH ACTIVITIES/PROGRAMS

Gold Coast Youth Development Ball

Why

The Gold Coast Youth Ball is an annual event designed to recognise and celebrate the achievements of the Youth Members of Point Danger and South Coast Branch

How

Clubs can nominate members and programs for awards that are presented on the night. These include the following

- ≡ Youth Involvement Program Club of the Year
- ≡ Youth Involvement Program Club of the Year - Runner Up
- ≡ Youth Excellence Award - max. 2 members per club
- ≡ Youth Involvement Program Gold Level Award

Who

Clubs can book a table of ten - and this must include a chaperone that is 18+. Tables are made up of 9 people + 1 chaperone.

What

- ≡ To provide an opportunity for youth members to celebrate their seasons achievements amongst fellow youth members.
- ≡ To ensure that the clubs are recognised for their efforts relating to the engagement of Youth Members
- ≡ To recognise excellence in youth activities for our members

Cost

TBA per year - approximately \$65.00 - \$75.00

This is invoiced to the club

SLSQ YOUTH PROGRAMS

Youth Involvement Program (YIPS)

Why

The YIPS program is an annual season long program designed to give Youth Members a plan to move forward in life saving and achieve goals whilst being recognised for their efforts as a volunteer.

How

Clubs can nominate members through the Branch or regional office using the YIPS Clubs Endorsement Form [YIPS Club Endorsement Form](#)

Clubs can nominate as many members as they like

Clubs will be provided with YIPS Participant Handbooks to hand out to members who are participating in the program

Who

Registered Club members aged 13 - 17

What

Members record their activities throughout the season in their YIPS Participant Handbook (given to clubs by the Branch or Regional Office). These activities include

- Patrols
- Gaining Awards
- Competition
- Administration e.g. Attend a club meeting
- Junior Activities e.g. Water Safety, Age Manager
- Youth Activities e.g. participate in Youth Camp, recruit a new club member
- Club Activities e.g. Attend a club function,

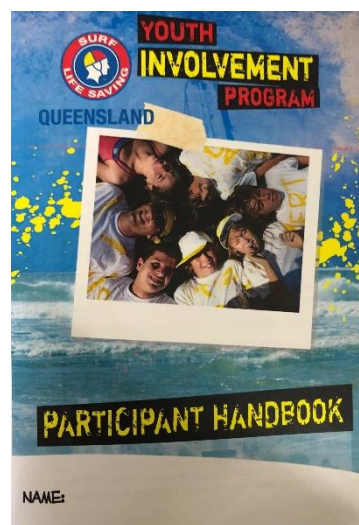
There are 3 levels to the YIPS Program that members can achieve based on their activities at their life saving club

- Bronze - 150 points (points in 3 YIP areas) + 25 hours patrol
- Silver - 400 points (points in 4 YIP areas) + 65 hrs patrol
- Gold - 800 points (points in 5 YIP areas) + 115hrs Patrol + Community Project

Note : the patrol hours is cumulative i.e. totalled over a number of seasons

Cost

Nil



SLSQ YOUTH PROGRAMS

SLSQ Breaka Youth Excellence

Why

Provides an opportunity for youth members to be exposed to the many different elements of Surf Life Saving. Youth Development is about providing our young people with positive experiences and opportunities which enhance their strengths and capacity as well as affirming them as contributors to our community and shapers of their own future.

How

Expressions of Interest are distributed by SLSQ to clubs (usually the 2nd half of the season)

Each club is allocated one candidate position (however more are able to apply). The club is asked to prioritise their list of candidates

Who

Participants are eligible to apply if they meet the following criteria:

- Be minimum of 15 years of age and a maximum of 17 years of age at the time of the program;
- Be a financial member of an SLSQ affiliated Surf Life Saving Club;
- Be proficient in either the Surf Rescue Certificate or Bronze Medallion;
- Have demonstrated an eagerness to develop a wide range of skills in Surf Life Saving;
- Preferably had previous exposure to leadership/development training (e.g. Club/Branch Development Program).

What

What will the participants get out of it

- Develop leadership and teamwork skills for use at the Club;
- Exposure to Surf Life Saving at a State level;
- Opportunity to meet and engage fellow surf lifesavers from clubs all over Queensland;
- Increase self confidence;
- Opportunity to share opinions and workshop current issues;
- Be inspired by guest speakers; and
- Most of all participants will HAVE FUN and make friends for LIFE!

Cost

- Participants : \$275.00 (incl GST)

SLSQ YOUTH PROGRAMS

SLSQ Leadership Excellence Program

Why

The UQ SLSQ Leadership Excellence Program (UQSLSQ LEP) provides an opportunity for members to be exposed to the many different elements of Surf Life Saving. Member Development is about providing our young people with positive experiences and opportunities which enhance their strengths and capacity as well as affirming them as contributors to our community and shapers of their own future.

How

Expressions of Interest are distributed by SLSQ to clubs

Each club is allocated one candidate position (however more are able to apply). The club is asked to prioritise their list of candidates

Who

Members are eligible to apply as a **Participant** if they meet the following criteria:

- Be minimum of 18 years of age and a maximum of 30 years of age at the time of the program;
- Be a current financial member of an SLSQ affiliated Surf Life Saving Club;
- Hold a 'Working with Children' Blue Card or Exemption Notice;
- Have demonstrated an eagerness to develop a wide range of skills in Surf Life Saving;
- Preferably had previous exposure to leadership/development training (e.g. Club/Branch Development Program);
- Be proficient in the Bronze Medallion;
- Hold at least two of the following awards: Advanced Resuscitation Techniques; IRB Drivers Award; Radio Operator's Certificate; or Operational First Aid.

What

The objective of the program is to introduce young adult members of the association to the more formal and responsible roles available within Surf Life Saving. The program will provide awareness and knowledge on the structure of SLSQ, and educate the participants further in all fields of communication, leadership, teamwork, and emergency management. The program is a prime feature of the retention/ succession plans that Surf Life Saving Queensland has to ensure our future is a strong and vibrant one.

Cost

- Participants : \$330.00 (incl GST)

SLSA YOUTH PROGRAMS

SLSA Leadership College

Why

This program offers surf lifesavers the opportunity to develop leadership, management and personal skills to enhance their involvement in surf lifesaving. The college is conducted each year and is open to surf lifesavers aged between 20 and 30 years

How

Expressions of Interest are distributed by SLSA to SLSQ and then to clubs

Who

- Participants must be at least 20 years old
- Participants must hold and be proficient in one or more of the following SLSA Awards: Bronze Medallion, Advanced Resuscitation, Radio Operators, First Aid or Surf Rescue Certificate.
- Participants are selected based on their commitment to their club and increasing their responsibility with surf lifesaving.

What

The National Leadership College is a weeklong intensive training course focused on the guiding participants to finding their own leadership style. The focus of the College is for participants to develop skills and capabilities that they will enable them to play a key role in the future of their the SLS movement. The program is designed for people who have recently moved into leadership positions, including:

- Team Managers, Team Captains, Coaches, Integrity Officers and Athlete Support Personnel
- Patrol Captains, Lifeguard Supervisors and Club Captains
- Event Managers
- Volunteer Managers, Age Managers, Program Managers
- Officials, Scrutineers, Sectional Referees
- Club Training Officers, Facilitators, Mentors
- Support Operations personnel
- SurfCom Operators

An example of the program can be found at [SLSA National Leadership College Program](#)

Cost

- Advised annually with Expressions of Interest

SLSA YOUTH PROGRAMS

SLSA Masterclass

Why

The National Leaders' Masterclass (Masterclass) is an annual leadership and development program for members aged 30+ years who already hold a senior leadership role in Surf Life Saving (SLS). Participants come from a variety of clubs, roles and SLS backgrounds. Ideally participants will have attended a state leadership program, however may have attended similar leadership programs through work or study. Masterclass is an essential step in the SLS Leadership Pathway.

Masterclass provides an exciting opportunity for members within the movement to further develop their leadership skills and continue to positively contribute to the success of SLS. As well as learning new skills and creating opportunities for personal growth, Masterclass will open new networks with other like-minded and passionate members across the country, who are committed to making a difference within the movement. Masterclass is designed to challenge participants intellectually with the aim to build strategic thinkers and advocates for change. The skills gained are designed to be taken back to clubs and into other areas of the participant's daily life, with the aim of contributing to SLSA's mission statement of saving lives, creating great Australians and building better communities.

How

Expressions of Interest are distributed by SLSA to SLSQ and then to clubs

Who

Participants must meet the following requirements:

- Ideally be a minimum of 30+ years of age as of January 2018
- Be a current member of an SLSA affiliated surf lifesaving club
- Demonstrate leadership training/experience, preferably from within the SLS movement • Currently hold a senior leadership role within SLS
- Possess a healthy desire to influence our organisation's future direction.

There will be a rigorous screening process for applications, with a maximum of 20 participants selected from around Australia.

Each club is encouraged to nominate one member with the greatest level of current engagement and potential.

Participants need to be endorsed by their club and SLS state/territory centre, however please note that this endorsement does not guarantee acceptance to Masterclass.

What

Participants will benefit from exposure to the larger national movement. Networking with members from clubs nationally is a highlight as they share ideas and create new friendships and networks. Participants can see the big picture for SLS as they gain greater exposure to national goals and aspirations. Through the sharing of ideas, resources and future directions, Masterclass provides an opportunity to create an effective national movement.

What will participants get out of Masterclass?

- Refreshed and extended leadership capabilities.
- A raised awareness of the issues, responsibilities and accountabilities in leadership within SLS.
- An alignment between the challenges of leading and managing a club and addressing some of the current societal issues.
- An increased awareness of the requirement for leaders within SLS to think at a strategic level.
- The opportunity to network and share ideas regarding leadership issues in SLS with other like-minded members from around Australia
- Exposure to Surf Life Saving at a national level.
- Share opinions and workshop current issues.
- Be inspired by industry professional guest speakers.
- Become part of the Leadership Alumni.

Cost

The participant fee is \$600 (including GST) if the individual is flying to Adelaide, or \$300 (including GST) if they are using ground transport. Generally, the owing club or state will cover these costs, but please check as the participant is the one responsible for the cost.